



Linking Employment, Abilities and Potential

## Aging in Place Resources

### Home Renovations

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#### North Coast Accessible Homes

<https://northcoastaccess.org/>

Renovates homes for people with special needs, including aging in place.

#### Maximum Accessible Housing of Ohio

<http://www.maxhousing.org/>

Provides subsidized apartment housing for people using wheelchairs; offers tours of a model apartment showing adaptations; offers seminars describing changes to make the home more accessible.

### Home Repair

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#### Western Reserve Area Agency on Aging (WRAAA)

<https://www.areaagingsolutions.org/programs-services/homefix/>

WRAAA offers many services and programs for older adults in Cuyahoga, Geauga, Lake, Lorain and Medina counties. HomeFix is a program for older adults who may need emergency repairs or home modifications.

#### Cleveland Department of Aging

<http://www.city.cleveland.oh.us/CityofCleveland/Home/Government/CityAgencies/Aging>

Information and resources for older adults on a variety of topics.

- Programs to take care of the home. Eligibility is based on income and assets.
  - Age Friendly Home Investment Program – repairs made to senior’s home and/or referrals made to other home repair programs
  - Senior Homeowner Assistance Program (SHAP) – home repair which is critical; installation of ramps

## Understanding renters ADA rights

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[Hud.gov](#) search ADA

Here is the direct link to Reasonable Accommodations and Modifications:

[https://www.hud.gov/program\\_offices/fair\\_housing\\_equal\\_opportunity/reasonable\\_accommodations\\_and\\_modifications](https://www.hud.gov/program_offices/fair_housing_equal_opportunity/reasonable_accommodations_and_modifications)

## Downsizing Services

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### Caring Transitions

<https://www.caringtransitionslevelandws.com/services/downsizing>

440-508-4957

Provides a free consultation and downsizing services such as:

- Paper and document management
- Decluttering
- Sort and organize
- Donation, disbursement and liquidations
- Professional move management

### DYI Mindful Decluttering and Organizing

<https://clutterfreenow.com/>

310-270-0969

Provides a free consultation and virtual consultations on decluttering and staying organized.

### Transitional Design

<https://transitionaldesign.net/downsizing/>

440-627-6390

Services include:

- Move management services
- Aging in place services to clean and organize belongings
- Estate cleanouts

### Search “Professional Organizers” on the internet.

As with any worker that enters your home make sure you read and understand the contract. Ask if they are licensed and insured.

## Home food delivery

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Many groceries will home deliver. Some charge a small fee. There are also many food prep meal services available with a variety of price points such as, [Veestro](#) (plant-based) and [Freshly](#). There are many more available - search “home food delivery” for more options.

In addition, there are many community-based programs like [Meals on Wheels](#) who’s costs can vary by location. For example, in Westlake it is \$9 / day for one hot meal and one cold meal, whereas Hillcrest charges \$5.00 / day for a hot meal.

Also check with your local department of aging for local programs.

## On-line Resources

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**LEAP** (Linking Employment, Abilities and Potential)

<https://www.leapinfo.org/programsservices/living-with-technology/at-equipment-library>

Images and brief descriptions of examples of Assistive Technology (AT) items which help maintain quality of life. Categories include: Clocks, Watches, Calendars; Health and Safety Tools/Medication; Hearing Loss; Kitchen Aids; Low Vision Aids; Money Helpers. LEAP does not sell the items. Search on-line to find a device which will meet your needs.

**iaccessibility**

<https://www.iaccessibility.com/>

Apps for Apple devices. Categories include: low vision, mobility, speech, hard of hearing, deaf, blind, deaf-blind, cognitive & intellectual.

**Age in Place**

<https://ageinplace.com/>

Broad range of information related to aging in place. Articles, practical ideas, examples of products which are available. You can sign up on their email list to receive articles, tips, ideas, news.

**Seniorresource.com**

<http://www.seniorresource.com/ageinpl.htm>

The “E-cyclopedia” of Senior options and information. Information on many topics, including aging in place, home assessment for aging in place, state specific information (such as Agencies on Aging, Aging in Place Contractors).

**Next Avenue – where grown-ups keep growing (e-newsletter)**

<https://www.nextavenue.org/about-us/>

[On-line resource for ideas, context and perspectives on current issues and topics relevant to older adults.](#)

**Consumers Advocate**

<https://www.consumersadvocate.org/>

Product reviews, including medical alerts, home security systems.

**HomeAdvisor - Budget-Friendly Smart Home Accommodations for Seniors and Individuals with Special Needs**

<https://www.homeadvisor.com/r/budget-friendly-smart-home-accommodations-for-seniors-and-individuals-with-special-needs/>

## Falls Prevention

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### National Council on Aging

<https://www.ncoa.org/healthy-aging/falls-prevention/>

A variety of resources on preventing falls. Examples include: conversation guide for caregivers, video summarizing exercise programs, video reviewing 6 steps to prevent falls, infographic of the 6 steps to prevent a fall.

### Centers for Disease Control and Prevention – STEADI (Stopping Elderly accidents, Death & Injury)

<https://www.cdc.gov/steady/index.html>

Information for health care providers and for older adults. Examples include: falls riskassessment, home safety checklist, tips for being safe at home, caregiver brochure.

### CaregiverStress.com

<https://www.caregiverstress.com/senior-safety/making-home-safer//>

A variety of resources to assess home safety. Examples include home checklist with remedies / suggestions for changes, interactive home safety review.

### AARP Livable Communities

<https://www.aarp.org/livable-communities/info-2014/aarp-home-fit-guide-aging-in-place.html> A

variety of resources including a room by room detailed checklist of things to do to make the home safer and a home kit guide which incorporates additional home considerations such as home design, maintenance, energy conversation.

## Funding

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### Paying for Senior Care – Understanding Your Financial Options for Long Term Care

<https://www.payingforseniorcare.com/home-modifications/how-to-pay-for-home-mods>

### Links to Other Sites

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