

**WELCOME HOUSE INC.  
DAILY LIVING SKILLS ASSESSMENT**

**Relevant Information:**

Name: (First Middle Last)			Plan Period:		
Assessment Completed By:			Start Date:		Complete Date:
Facility: Admission Date:			Type of Facility: RFW__ IO__ ICF__ SL__		
Date of Birth:			Male:_____ Female:_____		
Age:			Race:		
Religious Affiliation:			Language spoken/understood:		
Measured Intelligence:			Adaptive Behavior Level:		
Medical Diagnoses: _____ _____					
Psychiatric Diagnoses: _____ _____					
Physical Limitations:					
Adaptive equipment					
Speech Limitations					
Behavioral concerns/supports:					
Physical description of living environment:					
Social description of living environment:					
Tools / Methods used to complete assessment:					
Informants:					

#	Reading and Writing Activity	Level of assistance					Comments
		Independent	Verbal	Gestures	Partial Physical	Full Physical	
1	Identifies own written name						
2	Names letters of alphabet						
3	Prints letters of the alphabet						
4	Writes numbers (specify in comments if single digit #s only, double digits etc.)						
5	Writes name (print or cursive)						
6	States use of signature						
7	Copies printed material						
8	Uses keyboard						
9	Reads written material (if yes go to 9-14, if no; end reading/writing section)						
10	Identifies food words						
11	Reads recipes						
12	Reads work related words						
13	Reads transportation words						
14	Reads directions / warning labels						
Additional comments:							
#	Arithmetic Activity	Level of assistance					Comments
		I	V	G	P	D	
1	Counts objects						
2	Identifies numbers (specify)						
3	Sequences numbers in order						
4	Matches quantity with number symbol						
5	Compares values as more or less						
6	Identifies digits greater than 100						
7	Counts by 10's						
8	Counts by 5's						
9	Add digits without calculator						

10	Subtracts digits without calculator						
11	Multiplies without calculator						
12	Divide without calculator						
13	Uses calculator (if yes answer questions 14 – 17)						
14	Adds with calculator						
15	Subtracts with calculator						
16	Multiplies with calculator						
17	Divides with calculator						
18	Uses tape measure or ruler correctly						

**Additional Comments:**


	<b>Time</b>	<b>Level of assistance</b>					<b>Comments</b>
<b>#</b>	<i>Activity/Skill</i>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	To identify intervals of day						
2	To match intervals of day with activities						
3	To read standard clock or digital clock (Identify)						
4	To read hour intervals						
5	To read half hour on clock						
6	To read quarter hours on clock						
7	To identify five minute intervals						
8	To read clock to minute						
9	To set standard clock to hour						
10	To set digital clock to hour						
11	To plan daily schedule						
12	To plan weekly schedule						
13	To name days of the week in order						
14	To name months of the year in order						
15	To identify number of present year						
16	To read calendar naming, day, month, year						
17	To identify number of past year						

18	To identify number of next year						
19	Uses watch functionally						
<b>Additional Comments</b>							
	<b>Money</b>	<b>Level of assistance</b>					<b>Comments</b>
<b>#</b>	<b>Activity</b>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	To identify coins by name						
2	To identify coins by value						
3	To match coins with written cent notation						
4	To state coin equivalences						
5	To compare coin values using more or less						
6	To count coin combinations less than one dollar						
7	To identify bill denominations						
8	To match bills with their decimal notations						
9	To state dollar equivalencies						
10	To combine coins and bills to a given amount						
11	Can determine if change is due from purchase?						
12	Can round up to next dollar value?						
13	Can make correct change?						
14	To add prices of 2-5 items?						
15	To plan monthly budget?						
16	To state hazards of credit buying?						
17	To plan for major item purchase?						
18	To maintain savings account?						
19	To write all parts of check? If no – indicate which parts they are able to complete.						
20	To maintain checking account?						
21	Can tip appropriately?						
<b>Additional Comments</b>							

	<b>Communication</b>	<b>Level of Assistance</b>					<b>Comments</b>
#	<i>Activity/Skill</i>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	To verbally communicate						
2	To communicate with gestures						
3	To communicate with TDD						
4	To communicate with a picture book or ASL						
5	To communicate through other means (specify)						
6	To relate personal info						
7	To participate in conversation						
8	To maintain eye contact when listening						
9	To speak in complete sentences						
10	To demonstrate body language consistent with listening						
11	To maintain eye contact when speaking						
12	To ask questions						
13	To vary voice volume to suit occasion						
14	To repeat back topic of a conversation						
15	To describe present events						
16	To describe past events						
17	To describe future events						
18	To describe events in sequential order						
19	To answer open ended questions						
20	To initiate conversations in a small group						
21	To identify non verbal cues to communication						
22	To use non verbal cues						
23	To pair tone of voice with meaning of communication						

24	To express wants/needs						
25	To understand intended message						
26	To correctly pass intended message from one source to another						
27	To use the phone to communicate with friends/family						
28	To use the postal system to communicate with friends/family						

**Additional Comments**


	<b>Hygiene and Personal care</b>	<b>Level of Assistance</b>					<b>Comments</b>
<b>#</b>	<i>Activity/skill</i>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	To initiate hygiene routine						
2	To bathe at least every other day						
3	To use deodorant (stick, spray, roll on,) - specify.						
4	To brush teeth (manual or electric, specify)						
5	To use dental floss						
6	To use mouth wash						
7	To wash hair						
8	To care for menstrual needs						
9	To maintain hairstyle						
10	To shave face/legs/underarms (specify)						
11	To maintain fingernails/toenails (specify)						
12	To wear situational/seasonal / appropriate clothing						
13	To apply cosmetic products (make-up, lotions, perfumes)						
14	To initiate toileting						
15	To thoroughly clean self after toileting						
16	Nasal care/tissue use						

17	To get an adequate amount of sleep						
18	To feed self						
19	To use eating utensils						
20	To cut food into bite size pieces						
21	To use an appropriate eating pace						
22	To serve self during family style dining						
23	To use condiments						
24	To use table manners						
25	To use napkin						
26	To wash hands before food handling/ after toileting.						
27	To use adaptive equipment** List adaptive equipment below and identify individual's ability to use each.						
28	To care for adaptive equipment* List adaptive equipment used below and identify individual's ability to care for each.						
<b>Hygiene and Personal Care</b>		<b>Additional Comments</b>					
<b>Health And Safety</b>		<b>Level of assistance</b>					<b>Comments</b>
#	<i>Activity/Skill</i>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	To participate in exercise						
2	To maintain appropriate body weight / follow prescribed diet						
3	To identify body parts						
4	To take own body temperature						

5	To identify symptoms of illness						
6	To determine if illness requires professional or home treatment						
7	To identify home treatment for illness						
8	To identify first aid procedures for minor injuries						
9	To identify procedure for medical emergency						
10	To make medical/dental appointments						
11	To obtain prescribed medications from pharmacy						
12	To take medications as directed						

**Additional Comments**


	<b>Personal/ Social Adjustment</b>	<b>Level of Assistance</b>					<b>Comments</b>
<b>#</b>	<i>Activity/Skill</i>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	To identify their own basic feelings						
2	To describe more complex emotions (IE: empathy, sympathy)						
3	To describe behaviors for expressing feelings						
4	To match expression of feelings to situation						
5	To appropriately react to stressful situations						
6	To discriminate between reality and imagination						
7	To discriminate between opinion and fact						
8	To identify consequences of true vs. untrue statements						



9	To identify whom to trust						
10	To state own perception of others feelings						
11	To recognize situations that require assertive behavior						
12	To form/ maintain friendships						

**Additional Comments**


#	Kitchen Management <i>Activity/Skill</i>	Level of Assistance					Comments
		I	V	G	P	D	
1	Sets table						
2	Pours cold drinks from pitcher						
3	Pours hot liquids from any container						
4	Prepares cold drinks						
5	Prepares hot drinks						
6	Prepares cold breakfast						
7	Washes dishes by hand						
8	Stores kitchenware						
9	Operates dishwasher						
10	Operates garbage disposal						
11	Washes fresh produce						
12	Prepares sandwich lunch						
13	Operates can opener (specify manual vs. electric)						
15	Stores foods						
16	Safely stores leftovers						
17	Reads expiration dates						
18	Recognizes signs of expired food						
19	Reads nutrition labels						
20	States four basic nutrition groups						
21	Makes healthy substitutions						
22	Plans one day menu						
23	Slices foods						
24	Chops food						
25	Uses knives safely						

26	Measures solid ingredients						
27	Measures liquids						
28	Uses measuring spoons						
29	Operates burners on stove						
30	Operates oven controls						
31	Uses hot pads/oven mitts						
32	Prepares hot meal on stove						
33	Prepares hot meal in oven						
34	Handles hot pans/dishes/ utensils appropriately						
35	Follows sanitary food prep practices						
36	Uses toaster safely						
37	Uses microwave safely/appropriately						
38	Aware of stove safety (hot grease, avoid grease fires, keep flammable materials away from cooking surfaces)						
39	Uses a crock pot						
40	Follows a recipe						
41	Follows food prep. Directions from a package						
42	Develops grocery list						
43	Purchases groceries						
<b>Additional Comments</b>							
	<b>Clothing Maintenance</b>	<b>Level of Assistance</b>					<b>Comments</b>
#	<i>Activity/Skill</i>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	Sorts colored clothes from white clothes						
2	Removes items from pockets prior to loading into automatic washer						
3	Sets appropriate temperature on automatic washer						

4	Identifies correct load size for automatic washer						
5	Measures the appropriate amount of detergent						
6	Sets dryer temperature						
7	Uses fabric softener						
8	Hangs clothes up on hangers in closet neatly						
9	Folds and put clothes neatly away in dresser						
10	Repairs torn clothes						
11	Recognizes when to discard old clothing (ill fitting, stained, torn, very worn, outdated)						
12	Knows when to purchase new clothes						
13	Irons clothes						
14	Handles delicate items (hand wash, dry clean)						
15	Reads clothing care labels						
<b>Additional Comments</b>							
	<b>Home Safety</b>	<b>Level of Assistance</b>					<b>Comments</b>
<b>#</b>	<b>Activity/Skill</b>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	Locks doors and windows						
2	Unlocks doors and windows						
3	Identifies who to admit to the home						
4	Moves safely through the home avoiding obstacles/ removing obstacles when needed						
5	Uses chemicals safely						
6	Uses sharp objects safely						

7	Safely inserts electrical plugs into sockets						
8	Recognizes defective cords						
9	Uses electrical extension cords/ power strips						
10	Dials 911						
11	Uses pre-programmed phone numbers in phone memory in order to contact emergency personnel						
12	Notifies appropriate emergency personnel based on type of situation (911, EMS, Police, Fire department)						
13	Provides required information relevant to emergency situation						
14	Maintains a smoke detector						
15	Can access/ use flashlight						
16	States procedures for power outage						
17	Maintains an emergency kit						
18	Recognizes noxious fumes						

**Additional Comments**


	<b>Home Maintenance</b>	<b>Level of Assistance</b>					<b>Comments</b>
<b>#</b>	<i>Activity/Skill</i>	<b>I</b>	<b>V</b>	<b>G</b>	<b>P</b>	<b>D</b>	
1	Takes out trash						
2	Sweeps floors						
3	Mops floors						
4	Vacuums carpets						
5	Makes beds						
6	Dusts furniture						
7	Cleans glass						
8	Cleans bathtub or shower						
9	Cleans toilet						
10	Cleans refrigerator/oven						
11	Matches cleaning products to their purpose						
12	Changes light bulbs						

13	Identifies when appliances are not working correctly and notify someone						
14	Maintains outdoor area (IE: rake leaves, mow lawn)						
15	Removes snow/ uses salt on walkways, etc.						
16	Follows a weekly cleaning routine						
17	Determines when and whom to contact someone in charge of maintaining property. (Welcome House, land lord, property manager)						
<b>Additional Comments</b>							
<b>Sexuality</b>						<b>Comments</b>	
<b>#</b>	<b>Activity/Skill</b>	<b>Y</b>	<b>N</b>				
1	Discriminates friendships/ acquaintances vs. an intimate relationship						
2	Identifies sexual anatomy						
3	Demonstrates knowledge of STD's and how they are contracted/prevented.						
4	Describes forms of birth control						
5	Identifies alternative forms of sexual orientation						
6	Can describe information about sexual intercourse & reproduction						
7	Identifies with whom it is appropriate to be intimate with						

8	Identifies places to be private/ intimate			
9	Can identify which of the following are appropriate public behaviors: <u>HOLDING HANDS</u> <u>KISSING ON CHEEK</u> <u>KISSING ON MOUTH</u> <u>TOUCHING PRIVATE PARTS (SELF OR OTHERS)</u>			
<b>Additional Comments</b>				

**Strengths** \_\_\_\_\_

\_\_\_\_\_

**Weaknesses** \_\_\_\_\_

\_\_\_\_\_

**Needs** \_\_\_\_\_

\_\_\_\_\_

**Wants** \_\_\_\_\_

\_\_\_\_\_

**Interests** \_\_\_\_\_

\_\_\_\_\_

**Goals** \_\_\_\_\_

\_\_\_\_\_